

## TOETS&ZO

### Gaining Confidence to Get the “School Advice” that Accurately Represents You

The last two years of primary school are important. Your child’s teacher will base your child’s “school advice” on school performance during these two years. The “school advice” in turn determines which school level your child will follow in secondary school. When determining a “school advice,” the teacher takes into account the scores of certain final exams, including the ENTREE key (group 7), the CITO final test (group 8), and the NIO test, among other things.

Because of the importance of these exams, some children experience test performance anxiety. Children with test performance anxiety may obtain lower test results than their actual ability, simply because of the stress related to test-taking. But with advanced preparation, your child can calm that anxiety and perform to the best of his or her ability. As a result: your child will get the correct “school advice” according to his or her level. After all, that is the intention of the school advice: to produce a reliable representation of what your child has learned in all of the years of primary school and an accurate estimate of his or her potential in secondary school.

TOETS&ZO is aimed at boosting a child’s self-confidence and calming test-taking anxiety. Therefore, the approach of Toets&Zo is multi-faceted. Children learn the subject matter and become familiar

and comfortable with the test through repetition and examples. Additionally, children learn test-taking strategies and techniques to reduce stress and anxiety.

At TOETS&ZO, your child will get individual attention. Each lesson is focused on the specific needs of your child. Extra attention will be given to areas that your child finds difficult or worrisome. Your child will receive all of the attention needed to increase self-confidence to ensure a “school advise” that accurately reflects the level of your child’s ability.

### Is TOETS&ZO Right for My Child?

TOETS&ZO is suitable for primary students in Groups 7 and 8 who are looking for extra support as they prepare for the CITO or other final exams. Younger children who experience test performance anxiety are also welcome to join.

### What Can I Expect?

Through repetition, children become comfortable with subjects that they find challenging. Through practice, they become familiar with the format of the test and the types of questions. In these ways, children gain confidence to take exams in a relaxed way.

### How Much Does it Cost?

TOETS&ZO costs € 49.50 per 45-minute session. Sessions may be scheduled weekly, or as needed. The costs include preparatory work by our teacher and any supplemental materials used in the lessons. There is a one-time start-up cost of € 39.50 to join TOETS&ZO. Education is VAT-exempt. No VAT is charged.